

Production Menu Nutrient Analysis

Date Range : From 04/12/2021 to 04/16/2021

Sites : *Dietitian's Menu Planning Site

Menus : All Menus

Serving Locations: All Serving Locations.

Age Group:

Calculations displayed are Per Serving

Production Menu Nutrient Analysis

Date : 04/12/2021

Menu : 2020-21 Curbside Lunch K-8 D1

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	QUESADILLA, CHEESE, IW	1.00 Each	330.000	18.000	11.000	.000	45.000	530.000	25.000	.000	***	***	18.000	.000	500.000	1.800	***	49.091	30.000	30.303	21.818	***
	ORANGE, WHOLE	1.00 Each (88 count)	106.889	.247	.041	***	.000	.000	24.227	4.949	***	***	1.938	***	82.476	.206	***	2.083	.347	90.664	7.253	***
	CARROTS, RAW, BABY, IW	1.00 Each	29.767	.111	.020	***	.000	66.339	7.008	2.466	***	***	.544	***	27.216	.757	***	3.343	.591	94.171	7.314	***
	MILK, CHOCOLATE, NONFAT, CARTON	1.00 Each (8oz)	110.000	.000	.000	.000	5.001	135.000	19.999	.000	***	***	7.999	***	250.002	.721	***	.000	.000	72.724	29.088	***
	MILK, WHITE, 1%, CARTON	1.00 Each (8oz)	120.000	2.499	1.499	.000	15.001	150.001	16.001	.000	***	***	11.000	***	300.011	.000	***	18.745	11.244	53.336	36.666	***

Production Menu Nutrient Analysis

Date : 04/13/2021

Menu : 2020-21 Curbside Lunch K-8 D2

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	Sandwich, Chicken Patty, 4' WWW Bun, Curbside Read	1.00 Each	364.000	13.000	4.000	.000	40.500	808.000	41.000	5.000	1.000 !	***	22.000	***	184.000	3.170	***	32.143	9.890	45.055	24.176	.635 !
	FRUIT MIX, CANNED	1.00 Scoop#8	45.360	.000	.000	.000	.000	3.780	11.340	.756	***	***	.000	***	.000	.000	***	.000	.000	100.000	.000	***
	CARROTS, RAW, BABY, IW	1.00 Each	29.767	.111	.020	***	.000	66.339	7.008	2.466	***	***	.544	***	27.216	.757	***	3.343	.591	94.171	7.314	***
	MILK, CHOCOLATE, NONFAT, CARTON	1.00 Each (8oz)	110.000	.000	.000	.000	5.001	135.000	19.999	.000	***	***	7.999	***	250.002	.721	***	.000	.000	72.724	29.088	***
	MILK, WHITE, 1%, CARTON	1.00 Each (8oz)	120.000	2.499	1.499	.000	15.001	150.001	16.001	.000	***	***	11.000	***	300.011	.000	***	18.745	11.244	53.336	36.666	***

Production Menu Nutrient Analysis

Date : 04/14/2021

Menu : 2020-21 Curbside Lunch K-8 D3

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	BREADSTICK, MOZZARELLA CHEESE, BULK	2.00 Each (1 stick)	299.997	12.000	4.000	.000	10.000	740.000	34.000	4.000	***	***	13.999	***	300.002	2.160	***	36.000	12.000	45.334	18.666	***
	SAUCE, MARINARA, CANNED	1.00 Scoop#16	40.320	1.512	.000	.000	.000	297.360	6.048	.000	***	***	1.008	***	20.160	.544	***	33.750	.000	60.000	10.000	***
	Harvest of the Month	1.00 Each	66.770	.155	.026	***	.000	.000	15.134	3.091	***	***	1.211	***	51.520	.129	***	2.083	.347	90.664	7.253	***
	Seasoned Corn	1.00 Serving (#8 scoop)	99.222	1.256	.000	***	.000	588.072	17.157	1.288	***	***	1.268	***	7.055	.065	***	11.397	.002	69.166	5.113	***
	MILK, CHOCOLATE, NONFAT, CARTON	1.00 Each (8oz)	110.000	.000	.000	.000	5.001	135.000	19.999	.000	***	***	7.999	***	250.002	.721	***	.000	.000	72.724	29.088	***
	MILK, WHITE, 1%, CARTON	1.00 Each (8oz)	120.000	2.499	1.499	.000	15.001	150.001	16.001	.000	***	***	11.000	***	300.011	.000	***	18.745	11.244	53.336	36.666	***

Production Menu Nutrient Analysis

Date : 04/15/2021

Menu : 2020-21 Curbside Lunch K-8 D4

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	Burrito, Chicken, California, Curbside Ready	1.00 Each	409.922	16.373	6.153	.000	91.499	992.728	44.465	1.441	***	***	21.536	***	288.915	2.179	***	35.947	13.508	43.389	21.015	***
	PEACHES, CANNED, DICED	1.00 Scoop#8	51.605	.000	.000	.000	.000	10.322	12.385	.000	***	***	.000	***	.000	.000	***	.000	.000	95.995	.000	***
	MILK, CHOCOLATE, NONFAT, CARTON	1.00 Each (8oz)	110.000	.000	.000	.000	5.001	135.000	19.999	.000	***	***	7.999	***	250.002	.721	***	.000	.000	72.724	29.088	***
	MILK, WHITE, 1%, CARTON	1.00 Each (8oz)	120.000	2.499	1.499	.000	15.001	150.001	16.001	.000	***	***	11.000	***	300.011	.000	***	18.745	11.244	53.336	36.666	***

Production Menu Nutrient Analysis

Date : 04/16/2021

Menu : 2020-21 Curbside Lunch K-8 D5

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	Burger, Cheeseburger, Curbside Ready	1.00 Each	310.000	13.000	5.000	.000 !	52.500	640.000	31.000	4.000	1.000 !	***	18.000	***	182.589	2.701	***	37.742	14.516	40.000	23.226	.751 !
	SLUSH, KIWI STRAWBERRY	1.00 Each (4oz)	59.999	.000	.000	.000	.000	15.000	15.000	.000	***	***	.000	***	.000	.360	***	.000	.000	100.002	.000	***
	Seasoned Corn	1.00 Serving (#8 scoop)	99.222	1.256	.000	***	.000	588.072	17.157	1.288	***	***	1.268	***	7.055	.065	***	11.397	.002	69.166	5.113	***