

Production Menu Nutrient Analysis

Date Range : From 09/28/2020 to 10/02/2020

Sites : *Dietitian's Menu Planning Site

Menus : All Menus

Serving Locations: All Serving Locations.

Age Group:

Calculations displayed are Per Serving

Production Menu Nutrient Analysis

Date : 09/28/2020

Menu : 2020-21 Curbside Supper K-12 D1

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	PIZZA, FRENCH BREAD, TURKEY PEPPERONI (1W)	1.00 Individual Pizza (5.29 oz)	314.000	10.100	5.200	.000	35.000	599.000	32.000	2.300	***	***	2.000	***	366.000	1.160	***	28.949	14.904	40.764	2.548	***
	APPLE, WHOLE	1.00 Each (138 ct)	65.012	.213	.038	***	.000	1.250	17.266	3.001	***	***	.325	***	7.501	.150	***	2.942	.519	106.231	2.000	***

Production Menu Nutrient Analysis

Date : 09/29/2020

Menu : 2020-21 Curbside Supper K-12 D2

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	BURRITO, BEAN & CHEESE, IW	1.00 Each	291.110	8.289	3.621	.000	15.330	478.940	40.950	7.961	***	***	15.600	***	171.000	3.600	***	25.628	11.194	56.268	21.435	***
	ORANGE, WHOLE	1.00 Each (88 count)	106.889	.247	.041	***	.000	.000	24.227	4.949	***	***	1.938	***	82.476	.206	***	2.083	.347	90.664	7.253	***

Production Menu Nutrient Analysis

Date : 09/30/2020

Menu : 2020-21 Curbside Supper K-12 D3

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	CHEESEBURGER, SLIDERS, IW, TWIN PACK	1.00 Each	272.000	7.800	2.900	.000	.000	355.000	31.000	2.600	***	***	19.700	***	82.000	.504	***	25.809	9.596	45.588	28.971	***
	ORANGE, WHOLE	1.00 Each (88 count)	106.889	.247	.041	***	.000	.000	24.227	4.949	***	***	1.938	***	82.476	.206	***	2.083	.347	90.664	7.253	***

Production Menu Nutrient Analysis

Date : 10/01/2020

Menu : 2020-21 Curbside Supper K-12 D4

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	WAFFLES, VANILLA BELGIAN (IW)	1.00 Each	240.000	9.000	2.500	.000	20.000	200.000	37.000	2.000	***	***	4.000	***	.000	.000	***	33.750	9.375	61.667	6.667	***
	SUNFLOWER BUTTER	1.00 Scoop#16	400.000	32.000	4.000	.000	.000	240.000	14.000	8.000	***	***	14.000	***	40.000	2.880	***	72.000	9.000	14.000	14.000	***
	APPLE, WHOLE	1.00 Each (138 ct)	65.012	.213	.038	***	.000	1.250	17.266	3.001	***	***	.325	***	7.501	.150	***	2.942	.519	106.231	2.000	***

Production Menu Nutrient Analysis

Date : 10/02/2020

Menu : 2020-21 Curbside Supper K-12 D5

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	ROLL-UP, CURED TURKEY AND CHEESE, IW	1.00 Each	150.000	6.000	3.000	.000	20.000	380.000	15.000	1.000	***	***	10.000	***	200.000	1.080	***	36.000	18.002	40.001	26.667	***
	CHEESE, COLBY JACK, IW	1.00 Each	91.125	6.075	3.544	.000	15.188	212.625	.000	.000	***	***	8.100	***	202.498	.000	***	59.999	35.000	.000	35.556	***
	APPLE, WHOLE	1.00 Each (138 ct)	65.012	.213	.038	***	.000	1.250	17.266	3.001	***	***	.325	***	7.501	.150	***	2.942	.519	106.231	2.000	***